

# Quark Expeditions

## Adventure Options

### **KAYAKING**

Our ships are equipped for kayaking carry sea-kayaks. These boats are designed for the special conditions kayakers encounter on the ocean. Some competitors use freshwater kayaks, which is not advisable in the polar regions.

Cost per person: US\$695

Maximum capacity per ship, per designated departure:

Akademik Ioffe: 16

Akademik Sergey Vavilov: 16

Ocean Nova: 10

Akademik Shokalskiy: 10

### **OVERNIGHT KAYAKING**

New to Quark Expeditions adventure options is Overnight Kayaking, which is available on Akademik Sergey Vavilov only. Participants leave the ship to paddle to a carefully selected camping site, where they spend 2 nights, before returning to the ship. Two camp stove dinners and breakfasts are provided. Overnight Kayaking allows for extended periods of kayaking under the leadership of a qualified kayak master. This option is delivered in accordance with IAATO and Antarctic Treaty guidelines.

Cost per person: US\$995

Maximum capacity:

Vavilov: 6 kayakers per designated departure.

### **CAMPING**

Our ships are equipped for camping carry two types of equipment: Expedition tents and specialty polar bivac sleeping bags. Clients will spend the night in either a tent or under the sky using the sleeping bags, based on availability.

Cost per person: FREE

Maximum capacity per ship, per designated departure:

Akademik Ioffe: 110

Akademik Sergey Vavilov: 105

Ocean Nova: 20

Akademik Shokalskiy: 20

### **CROSS-COUNTRY SKIING**

Skiing in Antarctica requires special gear. The equipment we will supply is exactly what is required.

Cost per person: US\$495

Maximum capacity per ship, per designated departure:

Ocean Nova: 15

### **MOUNTAINEERING**

Our guides are experienced cold-weather climbers.

Cost per person: US\$495

Maximum capacity per ship, per designated departure:

Ocean Nova: 10

Information valid as of October 2007 – subject to change

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